



San Gabriel Sea Gulls Code of Conduct ATHLETES

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior.

By signing this code of conduct, I agree to the following statements:

- I will respect and show courtesy to my teammates and coaches at all times
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist,
 - racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities
- I will attend all mandatory team meetings and training sessions, unless I am excused by my coach
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct and all local laws and regulations.
- I will notify the Coach of my swim group if I miss more than three training sessions in a roll.
- I will not wear a tech suit for competition without the permission of my coach.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by the SGSG Coaching Staff.

Swimmer's Signature

Date